

## **Artin Taghipour, MA, LPC, NCC**

Counselor / Mental Health Therapist

GreenPath Clinic

Mr. Artin Taghipour believes receiving assistance can pose difficulties for individuals, he is dedicated to facilitating a sense of comfort for each of his clients. He offers unwavering support, genuine empathy, a non-critical approach, dependability, and absolute confidentiality. His aim is to establish a strong connection with his clients, cultivating a secure and welcoming environment. He firmly advocates setting clear goals and regularly evaluating one's progress.

Collaboratively, he crafts treatment plans with achievable milestones and he is open to adjusting them as necessary. Mr. Artin Taghipour's passion lies in witnessing the positive transformation in the lives of all of his clients and he is committed to extending unwavering support and motivation throughout treatment. He believes that our history continually shapes our current circumstances, but it need not determine our destiny. The potential for change, though demanding, is always present. If you ever find yourself in a situation where you're feeling stuck, uncertain, or adrift, and you're trying to decide which direction to take, Mr. Taghipour warmly invites you to get in touch. Mr. Taghipour and his clients can collaboratively explore and envision alternative pathways.

Mr. Artin Taghipour is bilingual, speaking English and Persian. He uses cognitive behavioral, behavioral therapy, solution-focused, dialect behavioral, and play therapy to help clients improve themselves. He received his Bachelor of Science from the University of Illinois – Chicago. After some years in the field, Artin then decided to obtain his Master of Arts in Clinical Mental Health Counseling from Capella University. Mr. Artin Taghipour has experience working with children, youths, adults, and people with intellectual disabilities, treating anxiety, depression, and ADHD.

Mr. Artin Taghipour's favorite quote is: "The most precious gift we can offer anyone is our time and attention. When mindfulness embraces those we love, they will bloom like flowers" from Thich Nhat Hanh.