

Nadia Persun, Ph.D.

Clinical Care Director

Licensed Clinical Psychologist

GreenPath Clinic

Dr. Persun's clinical expertise includes treatment of anxiety, eating disorders and weight loss, infertility and women's health, marriage and family therapy, and adolescent issues. She also does psychological testing for learning disabilities (ADHD). Dr. Persun is Alumni of the University of Chicago (Chicago, Illinois), where she obtained her Doctorate in Psychology and Human Development.

Prior to GreenPath Clinic, Dr. Persun worked at Meier Clinic in Wheaton, Illinois as a Psychological Testing and Clinical Training Practicums Supervisor and was a lead group therapist for the adolescent outpatient program. Dr. Persun has worked at the Department of Psychiatry at the University of Chicago Hospital doing research on and assisting patients with eating disorders. She has also worked at the Roosevelt University Student Counseling Center providing therapy to young adults on issues of self-esteem, career counseling, and relationship problems. Dr. Persun also has years of experience teaching psychology courses, as a Lecturer and Adjunct Faculty at The University of Chicago and North Central College (Naperville, Illinois).

Since 2006, Dr. Persun also served a Managing Partner of "Family Bridges", a non-profit organization providing relationship enhancement education and services to the Chicagoland community. She is a certified instructor of several family wellness curricula and offers lectures and training seminars for couples on marital wellness and divorce prevention. Dr. Persun has authored "Growth: Happy Home, Healthy Workplace," a curriculum that teaches personal and relational wellness in business settings. She provides corporate coaching to businesses.

Dr. Persun has a warm and compassionate treatment style and is easy to connect to. She is a native of Moscow, Russia, having moved to the United States in the 1990's to pursue her undergraduate degree in Psychology. Dr. Persun also holds B.A. in Journalism, as well as M.S. Degree in Economics. She is fluent in Russian and French.

With her family, Dr. Persun enjoys outdoors, arts and crafts, and travel. Dr. Persun is passionate about holistic approach to treatment of mental health and other conditions. Having worked for years in psychiatry affiliated agencies, Dr. Persun understands pharmacological treatments, yet she helps consider natural options.

Dr. Persun's favorite quotes on life are "*Be yourself; everyone else is already taken*" from Oscar Wilde and "*Happiness is when what you think, what you say, and what you do are in harmony*" from Mahatma Gandhi. Her favorite quote on health is "*The first wealth is health*" from Ralph Waldo Emerson.